



SPA

The Naples Beach Hotel & Golf Club



HOW BEAUTIFUL it is to do nothing,
and then to rest afterward.

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THE NAPLES BEACH HOTEL & GOLF CLUB

is Southwest Florida’s only resort to offer you a complete vacation experience... beach, golf, tennis, full-service spa and wonderful guest rooms...all in one beautiful setting. The Spa has been created to provide you with exceptional treatments, which have been cultivated for the purpose of heightening relaxation and beauty.



NURTURING

DAY SPA PACKAGES

SHORE DELIGHTS

The classic, full body Relaxation Massage for the relief of everyday stress combined with a 25 minute Tropical Marine Body Polish, a gentle exfoliation of your skin using sea salts and marine algae will relax, re-mineralize and refresh you.

\$170

2 Hours

SUN KISSED BODY ESCAPE

Give your body a natural tan regardless of the weather with our Tropical Marine Body Polish, Florida Fruit Fresh Facial and an application of the all-natural self-tanning lotion.

\$200

3 Hours

A TOUCH OF RELIEF

This package is perfect for individuals who are stressed with the pace of their daily lives. The combination of Relaxation Massage and Aroma-Therapeutic Facial will leave you relaxed, nurtured and re-energized.

\$215

3 Hours

SKIN-FULLY INDULGENT

This wonderful indulgence of your body from head to toe includes our Tropical Silk Body Polish, Relaxation Massage and Aroma-Therapeutic Facial.

\$285

3 Hours

GENTLE TIDES

Our classic European deep cleansing Aroma-Therapeutic Facial, Relaxation Massage and a Manicure and a Pedicure is a perfect way to spend a day.

\$310

4 Hours

NIGHT ON THE TOWN

An extra special package for an extra special day or evening event, your face will glow, your face will be silky smooth, and your hair and nails will be done to perfection. This package includes a Tropical Marine Body Polish, add our Ultimate Lifting Facial and finish with a shampoo and hair styling, a manicure and a pedicure.

\$390

6 Hours

MASSAGE SERVICES

Nurture your body and your soul with the healing touch of our massage therapists.

Classic Massage

RELAXATION MASSAGE

This classic, full body Swedish massage offers light to moderate pressure for the release of daily or accumulated tension and stress caused by a busy schedule.

50 minutes \$110

75 minutes \$160

AROMATHERAPY MASSAGE

A combination of our Relaxation Massage with a custom blend of our aromatherapeutic oils to enhance the personalized results of this massage.

50 minutes \$130

75 minutes \$180

NEURO-MUSCULAR MASSAGE THERAPY

Using firm to deep pressure combined with “trigger-point” techniques for the release of knots of tension and spasms deep in the muscles. This massage is helpful for individuals with neck, shoulder, back and hip discomfort and range of motion problems.

25 min \$75 (target massage) 50 minutes \$130

75 minutes \$180

MEDLEY MASSAGE

Swedish techniques for relaxation combined with deep pressure to relieve tight muscle groups. Your therapist will tailor this massage to give you the greatest benefit.

50 minutes \$130

75 minutes \$180

Specialty Massage

BEACH STONE THERAPY

This treatment combines the warmth and energy of smooth heated stones with classic Swedish massage techniques. The result is one of the most relaxing and healing treatments available. You may include aromatherapeutic oils for added benefit.

75 minutes \$175 With aromatherapeutic oils \$195

REIKI

An ancient technique of “laying on of hands” healing. Through light holdings, the practitioner channels the universe’s healing energy to balance the body, mind and spirit.

25 minutes \$55

50 minutes \$115

AROMA-REFLEXOLOGY

Reflexologists believe that massaging the feet can encourage change the physiology of the rest of the body. This foot massage is combined with your choice of aromatherapeutic blends to enhance the effects.

25 minutes \$70

50 minutes \$115

PREGNANCY MASSAGE

Special body cushions serve as a cradle. Leg cramps, swelling and backaches will be reduced and circulation improved with this very safe massage for baby and expecting mother.

50 minutes \$125

75 minutes \$175

SHIATSU

This ancient Oriental massage uses deep pressure to stimulate the acupressure points, encouraging and balancing the flow of energy, or Chi, through the body’s meridians for deep relaxation and health.

50 minutes \$130

75 minutes \$180

Enhancements

AROMATHERAPY OILS

Add a custom blend of aromatherapeutic oils to any massage for a personalized aromatherapy program.

\$20

HOT STONES

Enhance your massage with warm stones on the back.

\$20

AROMATHERAPY SOAK

Both pure essential oils and organic Jojoba oil are used to customize this treatment.

25 minutes \$60

DETOX SOAK

Sea salts, algae and essential oils are used to purify the body through toxin elimination.

25 minutes \$60



BENEFICIAL



RESTORATIVE

SKINCARE SERVICES

Facials

Our facial services have been individually selected for their extraordinary therapeutic values, integrity and flexibility. Each facial will begin with a personalized skin analysis and consultation to determine which treatment is right for you and your skin.

AROMA-THERAPEUTIC

This classic European deep pore cleansing facial uses a unique aromatherapy purifying process to deep clean the skin without irritation.

50 minutes \$120 75 minutes \$160

FLORIDA FRUIT FRESH

This freshly prepared natural fruit mask uses organically pure sources of AHA-BHA to slough off dead skin cells and promote the growth of fresh skin. When combined with healing plant essential oils, your skin will instantly become smooth, firm and clear...it's revitalizing for your skin as well.

50 minutes \$120 75 minutes \$160

SENSITIVE SKIN FACIAL

This treatment is designed for people with sensitive skin. Redness and irritation is soothed with specialized cleansing, cooling and soothing, hydrating techniques and a wonderful anti redness mask. Skin will appear more vibrant, manageable and hydrated.

50 minutes \$120 75 minutes \$160

THE ULTIMATE LIFTING FACIAL

This long lasting, deep hydrating and cleansing facial will revive and rejuvenate dehydrated skin. This facial will give your skin extraordinary lift with its aromatherapy oils, plant elixirs and custom-blended mask.

75 minutes \$160

NATURES ULTIMATE

The ancient art of touch, and the healing properties of plants, flowers and fruits, synergize to create a facial that reverses the effects of aging. Nutrients and vitamins are delivered through a unique anti-oxidant system of proteins and minerals, which lift and firm to oxygenate the skin and increase suppleness. The results are a luminous, rejuvenated complexion. Great for baby boomers and sun-worshippers.

75 minutes \$160

VITAMIN C RESTORATIVE FACIAL

A remarkable facial designed to rejuvenate your complexion with a professional strength alpha beta peel. A blend of vitamin C, resveratrol, peptides, acai oil and nourishing ingredients will brighten and tone. Results are the glow of healthier, younger skin.

75 minutes \$170

ANTI-AGING FACIAL

This anti-aging treatment helps rejuvenate, refine and lift fatigued complexions. Powerful blends of anti-oxidants help combat free radicals which attack collagen and elastin causing the skin to age.

75 minutes \$180

DIAMOND RADIANCE FACIAL

This facial provides the most luxurious experience for those seeking a more youthful complexion. The latest anti-aging technologies help to reactivate the cellure metabolism for increased firmness and fullness to the skin. Light reflecting diamond particles minimize the appearance of fine lines and instantly soften skin. Diamonds really are a girl's best friend.

90 minutes \$225

Enhancements

Any of the following treatments can be added to your facial service for extra benefit.

DIAMOND RADIANCE EYE TREATMENT

This hydrating eye treatment helps boost skin repair and markedly reduce visible signs of aging. Vitamins and botanicals deliver a surge of moisture and rejuvenate the skin. Pure diamond powder softens the skin and leaves you with eyes that dazzle.

\$65

FIRMING, NOURISHING AND REJUVENATING EYE TREATMENT

This sensational eye treatment is the perfect companion to any of our facials. Add this to your facial, and experience its firming, hydrating and nourishing effects, helping to combat fine lines.

\$35

SUN KISSED COMPLEXION

For a sun-kissed complexion on your neck, shoulders and upper chest, add our fruit-based autobronzant treatment to any facial.

\$15

BODY TREATMENTS AND WRAPS

A delightful array of the finest treatments available to pamper and nurture your body and leave you feeling refreshed.

Wraps

AROMA-CONTOURING BODY MASK WRAP

Choose between our remineralizing marine mud wrap or our micronized detoxifying seaweed wrap. Combined with our unique blend of healing and stimulating essential oils, your skin will feel firmer, and your body will be trimmer and stress free.

50 minutes \$125

REHYDRATING MILK AND HONEY BODY WRAP

This treatment starts with an exfoliating body scrub to prepare the skin, followed by the application of our milk, honey and clay body mask. While you are wrapped, a head and neck massage will release any stress and worries that you may be carrying.

50 minutes \$125

SEAWEED COMPRESSION WRAP

This treatment targets the lower body area to help contour and reduce cellulite. The seaweed wrap detoxifies, re-mineralizes and stimulates oxygen to the skin to tighten and firm.

50 minutes \$125

ALOE AND LAVENDER SUNBURN WRAP

Sooth your skin with this marvelous therapy for sunburn. You will be gently exfoliated. Your body will then be treated with a lavender, aloe gel mask and wrapped in sheets.

50 minutes \$95

Polish

TROPICAL MARINE BODY POLISH

A gentle massage with a mixture of sea salts and marine algae to exfoliate your dry and damaged skin, while simultaneously remineralizing and nourishing your skin. A hydrating cream is then applied leaving your skin feeling silky smooth.

50 minutes \$110

TROPICAL GLOW SUGAR SCRUB

Our special blend of grape, safflower and sunflower seed oils combined with sugar buffs the skin, cleanses the pores and restores your skin to a healthy glow. A moisturizing body soufflé will complete the treatment.

25 minutes \$75

TREAT MY BACK

The back deserves special attention. Yours will be scrubbed with sea salts and oils, coated with healing marine mud and massaged with a custom blend of essential oils.

25 minutes \$75

Enhancements

COLOR ME BRONZE

Add our fruit-based autobronzant treatment to either of the exfoliating scrubs, Tropical Marine Body Polish or The Rainforest Body Scrub.

\$20

AROMATHERAPY SOAK

Both pure essential oils and organic Jojoba oil are used to customize this treatment.

25 minutes \$60

DETOX SOAK

Sea salts, algae and essential oils are used to purify the body through toxin elimination.

25 minutes \$60

Hydrotherapy Treatments

THERAPEUTIC BODY RELAXATION BATH AND MASSAGE

Relax in our state of the art tub with either aromatherapy oils or detoxifying salts. This will be followed by a Neck, Back and Shoulder Massage which concentrates on key stress areas.

50 minutes \$120

RAINFOREST BODY SCRUB

Enveloped in a cloud of steam and spray, your body is gently exfoliated with a sea salt scrub and washed with our own body wash. Your treatment finishes with your therapist gently applying a custom blend of hydrating oils and lotions.

50 minutes \$110

NBH SIGNATURE SCRUB

This special exfoliating, hydrotherapy treatment uses our vichy shower to targets specific areas of tension. Our special blend of grape, safflower and sunflower seed oils with sugar will uncover smooth, glowing skin. We will complete the treatment with an application of our own body soufflé.

50 minutes \$110



SOOTHING

SALON SERVICES

The Spa is committed to bringing together the most natural, environmentally friendly and therapeutic products with our highly skilled and caring technicians to offer both men's and women's services.

STYLING SERVICES

Haircut-Women's	\$45
Haircut-Men's	\$30
Haircut and Blow-Dry	from \$65
Shampoo & Style	from \$40
Formal Hairstyling	from \$60
Bridal Hairstyling	from \$85
Bridal Consultation	from \$85

HAIR AND COLOR TREATMENTS

Highlighting Full Foil	from \$130
Partial Foil	from \$85
Color Touch-Up	from \$75
Hair and Scalp Treatments	from \$50
Hair Retexturing-Permanent Waves	from \$70
Scalp Massage with Shampoo	\$20

HAND AND FOOT CARE

Manicure	\$35
Pedicure	\$60
Spa Manicure	\$60
Spa Pedicure	\$80
Polish Change, Hands	\$25
Polish Change, Feet	\$25
French Manicure Upgrade	\$10

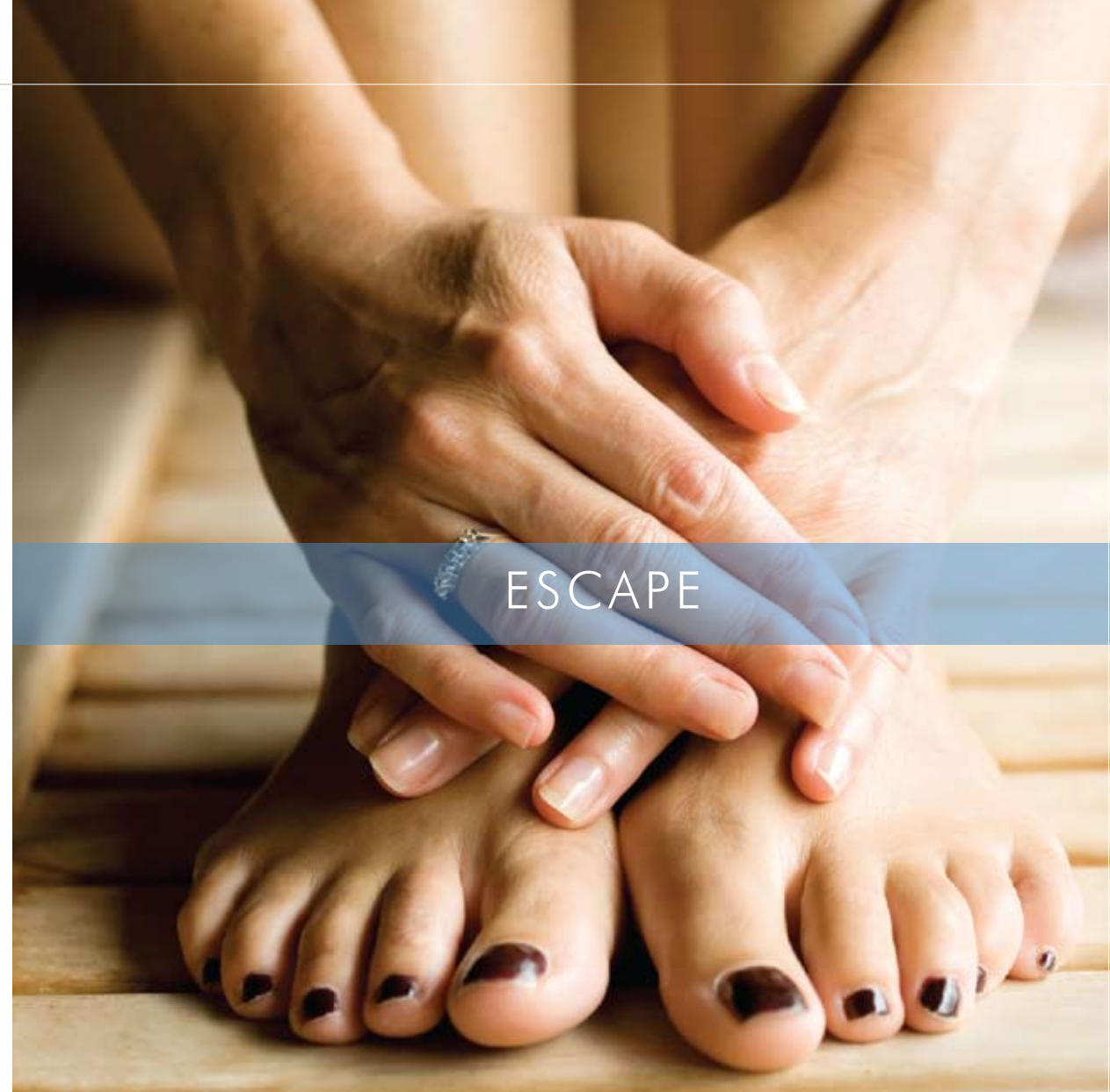
WAXING SERVICES

Our state-of-the-art European waxing technique features the highest quality ingredients, providing less irritation and hair breakage, giving you smoothest legs, bikini lines and lips, as well as eye brows.

Eyebrow	\$24
Chin	\$20
Half Leg	from \$65
Lip	\$20
Bikini	from \$55
(Brazilian technique not available)	
Full Arm	\$70
Upper Arm	\$30
Underarm	\$30
Full Leg	from \$85
Back	from \$80

MAKE-UP

Make-Up Application	\$55
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SPA USAGE FEES

We offer a state-of-the-art fitness facility with a variety of classes including yoga, Pilates and meditation. Daily/weekly packages and memberships are available.

CARDIO-FITNESS WORKOUT

Use of exercise equipment, Golf-Fitness locker room facilities and relaxation area.

Day Guest \$15

DAY OF FITNESS

Includes all scheduled fitness classes, use of exercise equipment, Golf-Fitness locker room facilities and relaxation area.

Day Guest \$30

SPA BREAK

Use of spa locker facilities, relaxation area, and spa amenities including steam room, whirlpool, sauna, robe, slippers and refreshments.

Hotel Guest \$15

Day Guest \$20

A DAY OF FITNESS

Escape to our sanctuary to treat your body and mind to a day of play. You'll enjoy all scheduled fitness classes, Golf-Fitness locker room facilities and relaxation area, guest workout attire, plus use of spa locker facilities, relaxation area, and spa amenities including steam room, whirlpool, sauna, robe slippers and refreshments.

Hotel Guest \$25

Day Guest \$40

FITNESS CLASSES

A weekly schedule is available for yoga classes.

YOGA BY APPOINTMENT

30 minutes Hotel Guest \$60 Day Guest \$65

60 minutes Hotel Guest \$80 Day Guest \$85

FITNESS CENTER INFORMATION

The fitness center is open daily from 6:00 AM until 9:00 PM.

One-on-one Yoga training available.

Guests 15 years and under are not allowed in the fitness center.

Adult supervision is required for guests under 18 years of age.

Proper workout attire, shorts, pants, shirts and sneakers are required.

FREQUENTLY ASKED SPA QUESTIONS

Who can guide me in choosing my treatments?

Our reservations staff will help you book your appointment. They can answer most of your questions involving specific treatments. Our experienced therapists will further assist you in customizing a treatment to suit your needs. Please notify the spa reservationist if you have high blood pressure, allergies, and disabilities or if you are pregnant.

What do I wear when I come to The Spa?

When you check into The Spa we provide you with a locker, robe and slippers. Most treatments are enjoyed without clothing; however, please wear what ever makes you comfortable. The therapist will leave the room while you disrobe and you will be fully draped during all the treatments. If you wish to use the steam, whirlpool or sauna and you feel more comfortable in a swimsuit you must bring one with you.

What about my valuables and jewelry?

We suggest that you leave your valuables and jewelry at home or in your hotel room safe. We do have lockers for your personal items.

How early should I arrive for my appointment?

We ask that you arrive 30 minutes prior to your appointment time. This will allow you sufficient time to change and relax before your treatment. The use of the whirlpool, steam or sauna is a recommended prelude for any treatment. We have fresh coffee, herbal teas, spring water and fruit available in our relaxation rooms.

What if I am late for an appointment?

Arriving late will limit the time for your treatment, lessening its effectiveness and your enjoyment. Your treatment will end at its scheduled time so that the next guest will not be delayed. The full value of your treatment will be charged.

What is the cancellation policy?

If you must cancel or change an appointment we ask that you do so at least 8 business hours in advance. For notification of less than 8 business hours a 50% cancellation fee will be charged. Full service price will be charged for non-cancelled appointments.

What about gratuities?

Gratuities are not included in the treatment and are at your discretion. It is customary to leave a 18% to 20% gratuity.

Is there a minimum age for use of The Spa?

Guests 16 years to 18 years are welcome to utilize The Spa and fitness facilities when accompanied by an adult. Guests 12 years to 18 years are welcome to participate in salon services when accompanied by an adult.

Can I use The Spa without booking an appointment?

We offer a state of the art fitness facility with a variety of fitness and yoga classes as well as lockers, steamrooms, whirlpools, and saunas. These facilities are available for use by hotel guests and non-hotel guests. Please see our brochure for fees.

May I use my cell phone while I am at The Spa?

Cell phone use is not permitted in any area of The Spa.

Gift Cards

Gift Cards are available in any dollar amount or for Spa Packages. They can be purchased on line at www.naplesbeachhotel.com, over the phone at 239.659.4304 or in person at The Spa.



The Naples Beach Hotel & Golf Club

Where Hospitality is a Family Tradition

SPA AND SALON RESERVATIONS 239.659.4304
RESORT RESERVATIONS 800.237.7600

Tel 239.261.2222 | Fax 239.261.7380

www.NaplesBeachHotel.com
851 Gulf Shore Boulevard North
Naples, FL 34102